CURRICULUM VITAE

Lindsay Marie Westberg

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**Education**

PhD Human Development and Family Studies (2015-Present)

University of Connecticut, Storrs, CT

Specialization: Prevention and Early Intervention

GPA – 4.11/4.00

Nonprofit Management Certificate (2018)

University of Connecticut, Hartford, CT

Program Evaluation Certificate (2017)

University of Connecticut, Storrs, CT

Master of Arts (2017)

University of Connecticut, Storrs, CT

Human Development and Family Studies

GPA – 3.96/4.00

Bachelor of Arts - Magna Cum Laude (2015)

Gettysburg College, Gettysburg, PA

Psychology—Major

Philosophy—Minor

GPA- 3.72/4.00

Psychology GPA- 3.72/4.00

*Honors Research*: Preschoolers’ Distribution of Rewards: The Interplay of Merit, Self-Serving Bias, and Sympathy

Honors Research Advisor: Dr. Kathleen Cain

**Research Experience**

1. Graduate Assistantship: Project Manager, The Center for Applied Research in Human Development (Fall 2015 – Present) at the University of Connecticut

Supervisors: Dr. Preston Britner, Dr. Anne Farrell

Housing and Child Welfare Project: Primary tasks include summarizing and analyzing data, meeting with collaborators, and dissemination activities.

2. Research Practicum, Self-Regulation Lab (Spring 2016 – Spring 2017) at the University of

Connecticut

Supervisor: Dr. Beth Russell

Primary tasks include recruitment of participants, data collection with mothers and preschoolers/kindergarteners, and coding of visual and written data.

3. Research Assistant, Social Developmental Lab (Fall 2014-Spring 2015) at Gettysburg College

Supervisor: Dr. Kathleen Cain

Primary tasks included transcribing adolescent interviews, creating coding criteria, and coding data.

4. Dement Fellow, Sleep/Chronobiology Research Lab (Summer 2014) at Brown University

Supervisor: Dr. Mary Carskadon

Primary tasks included data collection with adolescent participants,

administering various sensory tests, using the 10-20 measurement

system, and applying various EEG, EMG, and other electrodes.

5. Research Assistant, Aggression Research Lab (Fall 2013-Fall 2014) at Gettysburg College

Supervisor: Dr. Christopher Barlett

Primary tasks included data collection with college-age

participants, data entry, study planning and preparation,

preliminary data analysis, manuscript preparation and writing,

and data dissemination at local and national conferences.

6. Research Assistant, Developmental and Olfaction Lab (Fall 2013) at Gettysburg College

Supervisor: Dr. Nathalie Goubet

Primary tasks included data collection with children

(kindergarten and third grade participants).

**Teaching Assistant Experience**

1. Developmental Psychology Teaching Assistant (Fall 2014-Spring 2015) at Gettysburg College

Supervisor: Dr. Katherine Delaney

Primary tasks included holding study review sessions, correcting

and checking homework, and correcting tests.

2. Introduction to Statistics Peer Learning Associate (Spring 2014) at Gettysburg College

Supervisor: Dr. Christopher Barlett

Primary tasks included holding set office hours, leading exam

study sessions, correcting and checking homework assignments,

answering student emails, and assisting students with SPSS labs.

**Publications**

Cain, K. M., Schiro, I. N., Gregory, W., **Westberg, L.**, Lee, S.M., Boyle, C. (2017). Seeking knowledge and becoming inspired: Development of religious practices in Muslim-American adolescents. *British Journal of Developmental Psychology. 35(*1), 21-36.

**Technical Reports**

**Westberg, L. M.**, & Britner, P. A. (2017, June). *Peer mentorship in a child welfare setting:* *Components and barriers to an effective program*. Technical report prepared for The Connection, Inc., Middletown, CT.

**Westberg, L. M.**,& Britner, P. A. (2017, June). *Permanent supportive housing for families in* *the child welfare system: Potential benefits of a scattered-site approach*. Technical report prepared for The Connection, Inc., Middletown, CT.

Bryce, K., Farrell, A., Racine, L., **Westberg, L.,** Britner, P. (2015). *Engagement in child welfare and housing services from the client’s perspective.* Center for Applied Research in Human Development, University of Connecticut.

**Professional Presentations**

**Westberg, L.**, Dibble, K., Farrell, A., Britner, P. (2016). *Risks, assets, and typologies among child welfare involved families.* Poster presented at the 2016 National Council on Family Relations Annual Conference. Minneapolis, MN.

Cain, K., Mukherjee, S., Schiro, I., **Westberg, L.,** Lee, S. (2016). “*I can’t do anything that just doesn’t correspond with my religion”: Ideas about marriage among Muslim-American youth from immigrant families.* Poster presented at the Biennial Meeting of the International Society for the Study of Behavioural Development. Vilnius, Lithuania.

**Westberg, L.,** Jones, D., Gregory, W. & Oliphant, H. (2015). *Thinking Through a Situation: Need for cognition as a moderator between provocations and aggressive behavior.* Poster presented at the 27th Annual Association for Psychological Science. New York, New York.

**Westberg, L.**, Boyle, C. & Houtz, T. (2015). *An Embodied Metaphor's Effect on Deliberate Thought Processes and Perseverance.* Poster presented at Celebration 2015. Gettysburg, PA.

**Westberg, L**. & Barlett, C.P. (2014). *Interrupting Violence: Testing the short-term effects of a re-appraisal focused aggression-reducing intervention*. Poster presented at the 85th Annual Eastern Psychological Association. Boston, MA.

**Westberg, L**. & Barlett, C.P. (2014). *Interrupting Violence: Testing the short-term effects of a re-appraisal focused aggression-reducing intervention.* Poster presented at Celebration 2014. Gettysburg, PA.

**Westberg, L.** & Rainaldi, M. (2014). *Decoding the Distribution Dilemma: Children’s Equity Knowledge for Self and Others.* Poster presented at Celebration 2014. Gettysburg, PA.

**Invited Talks**

**Westberg, L.** (2015). *Preschoolers’ Distribution of Rewards*. Psychology Department’s Honors Research Symposium- Gettysburg College. Gettysburg, PA.

**Westberg, L.** (2014). *Stressful Situations and Sleep in Children.* Oral presentation at the Sleep for Science Retreat and Colloquium. West Greenwich, RI.

**Monetary Awards**

Summer Fellowship for Advanced Graduate Students

$600, Summer 2018.

As Vice-President, UCCFR received the NCFR Affiliate Grant

$300 for the International Day of Families, received Fall 2017.

Outstanding Scholars Program Fellowship, University of Connecticut.

Approx. $12,482 annually Fall 2015 – Summer 2018.

Presidential Scholarship, Gettysburg College.

$15,000.00 annually 2011-2015.

Mellon Undergraduate Research and Creative Activity Fund, Gettysburg College.

*Preschoolers’ Distribution of Rewards: The Interplay of Merit, Self-Serving Bias, and Sympathy*

$75.00, Fall 2014.

Apprenticeship Rent Funding from Gettysburg College.

$1,260.00, Summer 2014.

Provost Student Professional Papers and Conference Fund, Gettysburg College.

*Interrupting Violence: Testing the short-term effects of a re-appraisal focused aggression reducing intervention*. $100.00, Spring 2014.

**Academic Honors and Awards**

Gettysburg College Departmental Honors in Psychology (2015)

Gettysburg College Dean’s List (2011-2015)

Gettysburg College Psychology Honors Research Recipient (2014)

Psi Chi Junior Award (Fall 2014)

**Professional Affiliations**

UConn Council on Family Relations (UCCFR) - Community Liaison (Fall 2015 – Spring 2016), Secretary (Fall 2016-Spring 2017), Vice President (Spring 2017-Fall 2017), President (Spring 2018-Present)

National Council on Family Relations (Fall 2015-Present)

Association for Psychological Science (Spring 2015 – Spring 2016)

Psi Chi National Honor Society in Psychology (2013 - 2015)

**Relevant Computer and Software Skills**

Microsoft Suite

SPSS

Survey Monkey

Qualtrics