# Qianxia Jiang

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#### EDUCATION

# • University of Connecticut, Storrs, CT (September, 2017- present)

Ph.D. Human Development and Family Studies (HDFS) Anticipated Graduation 2022

M.A. Human Development and Family Sciences (HDFS), 2019

GPA: 3.90

South China Normal University, Guangzhou, Guangdong (September, 2013 – June, 2017)

B.S. Psychology

Major GPA: 3.80

National Chengchi University, Taipei, Taiwan (September, 2015 - January, 2016)

Exchange student

#### HONORS & SCHOLARSHIPS

- Predoctoral Graduate School Fellowship Award, UConn (2019)
- Mattoon-Kline Endowed Scholarship Fund, UConn (2019)
- Human Development and Family Sciences Departmental Award, UConn (2019)
- Best posters and papers at the second Health In All Policies Conference, RI (2019)
- Outstanding Graduates (top 100 among Class of 2017 in South China Normal University) (2017)
- Honors in Department of Psychology, SCNU (2017)
- Undergraduate Creative Activities and Research Experiences Recipient (2016)

Participated in college student innovation and entrepreneurship training and develop web applications that utilized human resources evaluation techniques to recruit workers

- University Scholarship: Model Student of Academic Records, South China Normal University (2014, 2015)
- Certification of appreciation presented by Big Brothers Big Sisters of Canada to Outstanding Volunteer (2015)

#### PUBLICATIONS

<u>Jiang</u>, Q., He, D., Guan, W., & He, X. (2016). "Happy goat says": The effect of a food selection inhibitory control training game of children's response inhibition on eating behavior. *Appetite*, 107, 86-92. http://dx.doi.org/10.1016/j.appet.2016.07.030

Gans, K., Tovar, A., <u>Jiang, Q</u>., Mellow, J., Dionne, L., Mean, N., Palomo, V., & Risica, Patricia. (2018). Nutrition-Related Practices of Family Child Care Providers and Differences by Ethnicity. Childhood Obesity.

## INTERNATIONAL CONFERENCE PRESENTATIONS

Gans KM, Tovar A, Mena N, Mello J, Ash, T, Cooksey-Stowers K, <u>Jiang Q</u>, Kang A, Dionne L, Risica PM, Participation in an Obesity Prevention Intervention Improves Diet Quality of 2-5 Year Old Children Cared for in Family Childcare Homes: Preliminary Results from the Healthy Start/Comienzos Sanos Trial. Paper submitted as part of the Symposium at the International Society for Behavioral Nutrition and Physical Activity conference, Prague, Czech Republic. June, 2019

Gans KM, Tovar A, <u>Jiang Q</u>, Dionne L, Mello J, Mena N, Risica PM, Nutrition-related Practices of Family Childcare Providers and Differences by Ethnicity. Paper presented as part of the Symposium entitled: Responding to the Call for Action to Address Health Disparities Through Early Care Settings at the International Society for Behavioral Nutrition and Physical Activity conference, Hong Kong, China. June 6, 2018.

<u>Jiang Q</u>, Risica PM, Tovar A, Dionne L, Mena N, Gans KM, Feeding practices of Family Child Care Home Providers that could influence self-regulation of the 2-5 Year Old Children in their Care: Differences by Ethnicity and Self report Vs. Observation. Poster presented at International Society for Behavioral Nutrition and Physical Activity conference, Hong Kong, China. June 4, 2018

#### NATIONAL CONFERENCE PRESENTATIONS

Gans KM, Tovar A, Mena Noereem, <u>Jiang Q</u>, Dionne L, Cooksey-Stowers K, Mello J, Risica PM, Do Family Childcare Providers Meet Best Practice Guidelines for Nutrition, Physical Activity and Screen-time Practices? Poster presented at Society of Behavioral Medicine conference, Washington DC, US. March, 2019.

Cooksey-Stowers K, <u>Jiang Q</u>, Gans KM, Perceived Food Swamp Exposure Predicts Self-reported Diet Quality, Health Status, and Weight. Poster presented at the Health in All Policies Conference, Providence, Rhode Island, US. April 24<sup>th</sup>, 2019.

Gans KM, Tovar A, Mena N, Cooksey-Stowers K, <u>Jiang Q</u>, Dionne L, Mello J, Risica PM, Participation in an Obesity Prevention Intervention Improves Diet Quality of 2-5 Year Old Children Cared for in Family Childcare Homes: Results from the Healthy Start/Comienzos Sanos Trail. Abstract submitted at American Public Health Association, Philadelphia, US. November, 2019.

Cooksey-Stowers K, Dionne L, Gans KM, Risica PM, Tovar A, Mello J, <u>Jiang Q</u>, Mena N, Associations between food swamps, food served by ethnically diverse family child care home providers and diet quality of 2-5 year old children. Abstract submitted at American Public Health Association, Philadelphia, US. November, 2019.

#### RESEARCH EXPERIENCE

University of Connecticut, Storrs, CT (August, 2017 - present)

Graduate Research Assistantship, Department of HDFS; Advisor: Kim Gans

## **Engaged Project:**

Healthy Start (PI: Kim Gans)

NIH-funded Research

Improving nutrition and physical activity environments in home-based child care

This trial will study the effectiveness of a multi- component intervention to support and empower family child care providers (including Latino providers) to improve the food and PA environments in their homes to improve the dietary, physical activity and sedentary behaviors of the 2-5-year-old children in their care.

My duties include literature reviews, helping with paper and grant writing, developing focus group questions, doing qualitative and quantitative analysis.

# Dental seed grant (PI: Kim Gans & Deborah Redford-Badwal)

Formative Research to Inform Childhood Obesity and Dental Caries Interventions
This seed grant will conduct formative research to create multi-level interventions for childhood obesity and dental caries prevention in collaboration with dental practices in CT.

My duties include literature reviews, helping with IRB stuff and paper, and doing quantitative analysis.

## Healthy Food Policy Project (Mentor: Kristen Cooksey-Stowers)

The goal of this project is to identify and elevate local laws that seek to promote access to healthy food and contribute to strong local economies, an improved environment, and health equity, with a focus on socially disadvantaged and marginalized groups.

My duties include doing quantitative analysis, and helping with paper (method and results section).

# Project Assistant, Department of Curriculum and Instruction; Advisor: Tutita Casa

# **Engaged Project:**

- Mathematical Writing and Digital Curriculum
- Texas A&M University, College Station, Texas (June, 2016 August, 2016)

## **Summer research internship**

Honor's thesis: "Effects of children's self-regulation of eating on controlling parental feeding practices and child body mass index" supervised by Dr. Jeffrey Liew and Dr. Xianyou He.

South China Normal University, Guangzhou, Guangdong (May, 2015 - April, 2016)

#### **Research Grant**

Project: "Happy goat says": The effect of a food selection training game of children's response inhibition on eating behavior.

Clinical Psychology Lab in National Chengchi University, Taipei, Taiwan (September, 2015 - December, 2015)

Research Assistant

#### TEACHING EXPERIENCE

# University of Connecticut, Storrs, CT (August, 2017 - present)

## **Graduate Teaching Assistantship, Department of HDFS**

Fall 2019 Course: HDFS 1060 Close Relationship, Advisor: Kari Adamsons Spring 2019 Course: HDFS 1060 Close Relationship, Advisor: Kari Adamsons Fall 2018 Course: HDFS 1060 Close Relationship, Advisor: Ryan Watson

Spring 2018 Course: HDFS 1070 Individual and Family Development, Advisor: Eva Lefkowitz Fall 2017 Course: HDFS 1070 Individual and Family Development, Advisor: Shannon Weaver

#### INTERNS AND EXTRA ACTIVITIES

• Wuyang Middle School, Guangzhou, Guangdong (March, 2016 - April, 2016; September, 2016 - November, 2016)

#### Intern

• Duties: Taught mental health curriculum and group tutoring, as well as conducted interviews among students, parents and school teachers and finished SCL-90 questionnaires. In the end, the research report of this investigation was to debrief school administrators to streamline classroom separation policy that impacted students' self-esteem and pressure.

# • South China Normal University, Guangzhou, China (September, 2016 - January, 2017)

#### Volunteer

• Duties: Volunteered as a librarian assistant in the main librarian to help with an extensive library and organizing alphabetically, by author, and by topic area.

# Hongji Psychiatric Hospital, New Taipei City, Taiwan (September, 2015 - January, 2016)

#### Intern

Duties: Collected and organized patients' information, conducted interviews with them via Wechsler Intelligence Scale tool,
 and formed a case conceptualized reports showcased in the school department.

# Peer coaching in Heart Chorus Global Initiative, Toronto (2015, August)

Duties: Coached 60 college students of diverse international background, provided leadership improvement training. As
training ended, I led them to participate in a correspondence plan with middle school students from Nan Ge middle school in
Sichuan, this plan lasted for nine months and aimed to empower these middle school students living in the poor area to realize
and potentially attain their dreams.

#### RESEARCH INTERESTS

Childhood obesity; social media-based intervention; food access