

YUAN ZHANG
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Human Development and Family Sciences
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EDUCATION

- 2017-Present** **Ph.D.** *Human Development and Family Sciences* University of Connecticut
- Graduate Certificate in Quantitative Research Methods
 - Graduate Certificate in College Instructor
 - Graduate Certificate in Culture, Health, and Human Development
- 2015-2016** **M.A.** *Psychology* Pepperdine University, CA
- 2011-2014** **M.P.** *Applied Psychology* Shanxi University, China
- 2007-2011** **B.S.** *Applied Psychology* Shanxi University, China

AWARDS AND HONORS

- 2020** President's Commitment to Community Initiative Award, UConn
- 2018** L. Eugene Thomas Fund, UConn
- 2014** Outstanding Graduate School Students of Shanxi University
- 2013** Merit Student of Shanxi Province
- 2013** Chinese National Scholarship for Graduate School Students
- 2010** Champion, Basketball Competition of Shanxi University

RESEARCH

RESEARCH GRANTS AND FELLOWSHIPS

Zhang, Y. (Principal Investigator). *The Role of Gender in Parental Behavior and Chinese Adolescents' Mental Health*. Wood/Raith Gender Identity Living Trust summer fellowships, University of Connecticut, 5/20 – 8/20. \$4,000.

Zhang, Y. (Principal Investigator). *Parental Behavior and Chinese Adolescents' Mental Health in Rural China*. Summer Fellowships for Advanced Graduate Students, University of Connecticut, 5/20 – 8/20. \$2,000.

Lefkowitz E. S., (Principal Investigator). Clark, A. N., Farina, R. E., Lawrence, S. E., Walters, T. L., & **Zhang, Y.** (Co-Investigator) *LGBTQ+ college students' living arrangements and well-being during the COVID-19 pandemic*. Institute for Collaboration on Health, Intervention, and Policy, University of Connecticut, 4/20 – 3/21. \$5,000.

Zhang, Y. (Principal Investigator). *The Relation Between Acculturation and Mental Health of International Students*. President's Commitment to Community Initiative award, University of Connecticut, 3/20 – 12/20. \$1,000.

Zhang, Y. (Principal Investigator). *Parent-Child Acculturation Gaps and the Influence on Children's Behavioral and Cognitive Developmental Outcomes in Asian Immigrant Families*. The Connecticut Institute for Brain and Cognitive Sciences (CT IBACS) Graduate Summer Fellowship, University of Connecticut, 6/19 – 8/19. \$5,000.

Zhang, Y. (Principal Investigator). *The Affects of Parent-Child Interactions on Chinese International High School Students' Adaptation*, HDFS Internal Grant Proposal Award, University of Connecticut, 2/19 – 6/19. \$1,000.

Zhang, Y. (Principal Investigator). *Parenting and parent-child relationship with ABCD data*, Summer Fellowships for Advanced Graduate Students, University of Connecticut, 5/18 – 8/18. \$ 700.

PUBLICATIONS

Wang, C., Shao, X., Do, K. A., Lu, H., O'Neal, C. R., & **Zhang, Y.** (2019). Using Participatory Culture-Specific Consultation with Asian American Communities: Identifying Challenges and Solutions for Asian American Immigrant Families. *Journal of Educational and Psychological Consultation*, 1-22.

Fan H. & **Zhang Y.**, (2013). Research and Analysis of Graduate Students' Psychological Services Need. *Research on Higher Education of Finance and Economics*, 1, 73-77.

Zhang Y. (2012) Research on Influences of Physical Exercises on College Students Anti-frustration Ability. *Journal of Lvliang Education Institute*, 4, 18-19.

PUBLICATIONS IN PREPARATION

Zhang, Y., Halgunseth, L. C., Wu, H., & Luo, S. (in preparation). *Gender as a moderator in the association between parental psychological control and Chinese adolescent depression*. *Journal of Family Psychology*.

Zhang, Y., Halgunseth, L. C., Wu, H., & Luo, S. (in preparation). *Effects of parental psychological control and involvement on adolescent depressive symptoms in Chinese families across rural and urban contexts*. *Child Development*.

Lawrence, S. E., Walters, T. L., Clark, N. C., **Zhang, Y.**, Hanna-Walker, V. R., Farina, R. E., & Lefkowitz, E. S. (under review). *LGBTQ+ College Students' Social Distancing Practices during the COVID-19 Pandemic*.

CONFERENCE PRESENTATIONS

Zhang, Y., Halgunseth, L. C., Wu H. & Luo, S. (2021, April). Gender as a Moderator in the Association Between Parental Psychological Control and Chinese Adolescent Depression. In L.C. Halgunseth (Chair), *Parental Psychological Control or*

Autonomy Granting and Child Outcomes Across Age and Gender in China. Paper to be presented to the Society for Research in Child Development Virtual Conference.

Zhang, Y., Halgunseth, L. C., Wu H. & Luo, S. (2021, April). *Examining parenting and adolescent depressive symptoms in Chinese families across rural and urban contexts*. Poster to be presented to the Society for Research in Child Development Virtual Conference.

Lefkowitz, E. S., **Zhang, Y.**, Clark, A. N., Farina, R. E., Hanna-Walker, V., Walters, T. L., & Lawrence, S. E. (2021, April). Parental relationship quality, social support, and LGBTQ+ students' stress during the COVID-19 pandemic. In E. S. Lefkowitz (Chair), *Individual and family functioning in vulnerable populations during the COVID-19 pandemic*. Paper to be presented to the Society for Research in Child Development Virtual Conference.

Lawrence, S. E., Walters, T. L., Clark, A. N., **Zhang, Y.**, Hanna-Walker, V., Farina, R. E., & Lefkowitz, E. S. (2021, April). *LGBTQ+ college students' social distancing during the COVID-19 pandemic*. Poster to be presented to the Society for Research in Child Development Virtual Conference.

Zhang, Y., Halgunseth, L. C., Wu H., & Luo, S. (2020, December). *Parental Advice and mental health of Chinese Adolescents: A cluster analysis*. Poster presentation accepted at the Society for Research in Child Development, Puerto Rico.

Zhang, Y., Liu, J.L., & Ng, F., Harkness, S., & Super, C.M., (2020, May). Chinese parents' perception of Children's Shyness. *Poster presented at 32th APS Annual Convention, Association of Psychological Science, Chicago, IL.*

Zhang, Y., Halgunseth, L. C., Wu H., & Luo, S. (2020, March). *Parental control and mental health of Chinese Adolescents: A cluster analysis*. Individual paper presentation accepted at the Society for Research in Adolescence San Diego, CA.

Zhang, Y., Halgunseth, L. C., & Loken, E. (2020, March). *The Association of Parent-Child Interaction on Asian students' Academic Performance*. Poster presentation accepted at the Society for Research in Adolescence, San Diego, CA.

Zhang, Y., Card, N., & Halgunseth, L. C. (2019, March). *Parent-child communication and academic achievement in relation to Asian American adolescents' self-esteem: A cluster analysis*. Poster presented at the Society for Research in Child Development, Baltimore, MD.

Liu, J. L., **Zhang, Y.**, Harkness, S., Ng, F.F-Y., Super, C., & Halgunseth, L.C. (2019, March). *Chinese immigrant and local Hong Kong mothers' conceptualizations of three types of shyness*. Poster presented at the biennial meeting of the Society for Research in Child Development, Baltimore, MD.

Zhang, Y., Card, N., & Halgunseth, L.C., (2018, May). *The relationship between parenting style and adolescents' ethnic identity: A Meta-analysis*. Poster presented at 30th APS Annual Convention, Association of Psychological Science, San Francisco, CA.

- Kang, H., Halgunseth, L.C., Espinosa-Hernandez, G., **Zhang, Y.**, Reid, A., & Donohue, E. (2018, April). *Cultural values scale: evidence of validity for use with mexican adolescents*. Poster presented the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.
- Reid, A., Halgunseth, L. C., Milan, S., Donohue, E., **Zhang, Y.**, & Plunkett, S. W. (2017, April). *Depression as a moderator in the relation between mothers' and daughters' ethnic affirmation*. Paper presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.
- Donohue, E., Reid, A., **Zhang, Y.**, Chilenski, S., Perkins, D. F., Halgunseth, L., & Plunkett, S (2017, April). *Exploring parental anger management, parent-child recurring conflict, and adolescent behavior through a social learning theory framework*. Poster presented at the biennial meeting of the Society for Research on Adolescence, Minneapolis, MN.
- Zhang Y.**, Yang J., Veytsman, E., Jalal R., & Laugeson, E. A. (2017, August). *Self-esteem as a mediator of social skills improvement and social anxiety for adolescents with Autism Spectrum Disorder (ASD) following the UCLA PEERS[®] Program*. Poster presented at American Psychological Association (APA) Annual Convention, 2017, Washington, D.C.
- Jalal R., **Zhang Y.**, Veytsman, E., & Laugeson, E. A. (2017, May). *Positive self-esteem as a predictor of treatment outcome in adolescents with ASD following the UCLA PEERS[®] Intervention*. Poster presented at American Psychological Association (APA) Annual Convention, 2017, Washington, D.C.
- Zhang L., **Zhang Y.**, Yang J., Veytsman, E., & Laugeson, E. A. (2016, August). *Cognitive empathy as a predictor of social skills improvement for adolescents with ASD Following the UCLA PEERS[®] Program*. American Psychological Association (APA), Denver, CO.
- Zhang Y.**, & Fan H. (2016, July). *What stops you from being happy?---Chinese graduate students' psychological safety influence factors analysis*. Poster presented at 31st International Congress of Psychology (ICP2016), Yokohama, Japan.

RESEARCH EXPERIENCE

2020

Research Practicum

Supervisors: Linda Halgunseth, Ph.D., Shanhong Luo, Ph.D.

- Conducted data analyses with SPSS software
- Wrote two research abstracts for conference submissions
- Worked on two manuscripts writing

2018-2019

Research Assistant

The Center for Applied Research in Human Development, UConn

Principal Investigator: Ronald Sabatelli, Ph.D.

- Conducted Data collection with Qualtrics surveys on communication

qualities

- Analyzed the data (descriptive and multi-level modeling) with SPSS software
- Worked on the project summary report and final report writing

2017-2018

Research Assistant

Hong Kong mother ethnotheories of children's shyness Project

Principal Investigator: Jia Li Liu, Ph.D. UConn

- Translated the interview transcripts from Cantonese to English
- Coded the translated transcripts with Excel
- Analyzed the data with Excel and SPSS software.

2016-2017

Research Assistant

PEERS Manual Translation and Cultural Validity Research Project

Principal Investigator: Yasong Du, Ph.D., Shanghai Mental Health Center

- Translated the manuals on Social Skills training for children with ASD
- Edited and proofread Chinese manuscripts
- Involved in research design to test the cultural validity of the UCLA PEERS Clinic programs in China

2016-2017

Research Assistant

UCLA PEERS Clinic

Principal Investigator: Elizabeth Laugeson, Psy.D.

- Managed data of adolescent, parent, and teacher assessments
- Assisted the clients' intake interview and assessments.
- Prepared training material for the UCLA PEERS Programs
- Conducted data analysis with SPSS software to support researches in the lab

2015-2016

Research Assistant

The Help Group- UCLA Autism Research Alliance

Principal Investigator: Elizabeth Laugeson, Psy.D.

- Assisted in the recruitment of potential research participants.
- Assisted in the scoring and verification of research data
- Managed dataset and participants' information with Access and SPSS
- Prepared training material and sample research and clinic files for attendees of the UCLA PEERS Training Seminar

2011-2014

Research Assistant

University students' Psychological Safety Education, Problem Prevention, Symptom Dealing and Crisis Intervention, College of Education Science, Shanxi University

Principal Investigator: Hongxia Fan, Ph.D.

- Primarily responsible for the sub-project "Graduate Students' Psychological Safety"
- Recruited and pre-screened research participants through phone calls, the Internet and flyers
- Conducted interviews and screening with participants

- Input, managed and analyzed participants' data with SPSS and LISREL software

2009-2010

Co-Researcher

Psychological Influences of Physical Exercises on College Students, Shanxi University & Taiyuan University of Science and Technology

- Oversaw the research section “psychological influences”
- Assisted with outreach and recruited research participants through interviews and flyers
- Designed research methods and implemented the research process
- Trained team of research assistants to distribute and collect questionnaires
- Created and maintained databases using Microsoft and SPSS

STATISTICS AND METHODOLOGY TRAINING

2020 Spring

Applied Regression Analysis for Education Sciences

Instructor: Eric Loken, Ph.D.

- Developed the knowledge and skills in Regression, including (a) Estimating linear regression models and interpreting parameters; (b) Making appropriate inferences about population parameters based on linear models; (c) Evaluating the quality of model fit and the validity of inferences using diagnostic criteria
- Practiced to conduct analyses and graphically represent results in software package R and to communicate results of regression analyses

Course Project: Gender as a moderator in the association between parental psychological control and Chinese adolescent depression (Manuscript in preparation)

2018 Fall

Hierarchical Linear Modeling

Instructor: Eric Loken, Ph.D.

- Developed the knowledge and technics in applying hierarchical models in a variety of settings, including organizational data, longitudinal data, for continuous and discrete outcomes
- Practiced to develop and present an analysis using hierarchical models using software package R

Course Project: The Association of Parent-Child Interaction on Asian students' Academic Performance (Poster accepted at SRA 2020)

2018 Spring

Intermediate Quantitative Analysis for HDFS

Instructor: Noel Card, Ph.D.

- Developed the ability to understand and critically evaluate articles in human development and family journals using these quantitative approaches
- Understood the skills necessary to conduct and write publishable research reports: (a) missing data analysis; (b) exploratory factor analysis; (c) scale analysis; (d) longitudinal analysis; (e) dyadic analysis; (f) cluster analysis

Course Project: Parent-Child Communication and Academic Achievement in

Relation to Asian American Adolescents' Self-esteem: A Cluster Analysis
(Poster presented at SRCD 2019)

2017 Fall

Meta-analysis

Instructor: Noel Card, Ph.D.

- Understood basic knowledge about meta-analysis
- Learned the skills necessary to conduct publishable meta-analytic reviews

Course Project: The Relationship Between Parenting Style and Adolescents' Ethnic Identity (Poster presented at APS 2018)

TEACHING EXPERIENCE

2020-2021

Instructor of Record

University of Connecticut (Storrs, CT)

HDFS 2100 Infancy through Adolescence

Preparing lecture and exam materials

Lecturing and facilitating for classes of 45-60 students

Grade all quizzes, exams, and paper assignments

Hold office hours 2 days a week

2020

Teaching Assistant

University of Connecticut (Storrs, CT)

HDFS 2001 Diverse Issues in Human Development and Family Studies

Supervisor: Kristin Van Ness.

Leading weekly discussing sections for two groups

Grading students' assignments

Providing Q & A sessions for students

Facilitating group or individual office hours

Preparing lecture and exam materials

2018-2019

Teaching Assistant

University of Connecticut (Storrs, CT)

HDFS 2001 Diverse Issues in Human Development and Family Studies

Supervisor: Edna Brown, Ph.D.

Leading weekly discussing sections for two groups

Grading students' assignments

Providing Q & A sessions for students

Facilitating group or individual office hours

Preparing lecture and exam materials

2019

Teaching Assistant

University of Connecticut (Storrs, CT)

HDFS 2100 Human Development: Infancy through Adolescence

Supervisor: Martha Goldstein-Schultz, Ph.D.

Grading students' assignments

Monitoring students project

2018

Teaching Assistant

University of Connecticut (Storrs, CT)
HDFS 1070 Individual and family development
Supervisor: Eva Lefkowitz, Ph.D.
Graded students' assignments
Provided Q & A sessions for students
Facilitated group or individual office hours

2018 **Teaching Assistant**
University of Connecticut (Storrs, CT)
HDFS 2200 Adulthood and aging
Supervisor: Abdul Khaleque, Ph.D.
Graded students' assignments and papers
Answered student's question via Email or in person

2017 **Teaching Assistant**
University of Connecticut (Storrs, CT)
HDFS 1070 Individual and family development
Supervisor: Shannon Weaver, Ph.D.
Graded students' assignments
Provided Q & A sessions for students
Facilitated group or individual office hours

2014 **Lecturer**
Shanxi Polytechnic College (Taiyuan, Shanxi)
Psychological health of college students
Supervisor: Xia Fu, Head of Psychological Health Center
Delivered lectures to students on topics related to psychological health
Provided counseling to students with depression and anxiety
Facilitated group counseling and outdoor trainings on topics including relationship issues and self-esteem

2010-2014 **Psychology Instructor**
Psychological Health Center, Shanxi Polytechnic College (Taiyuan, Shanxi)
Supervisor: Xia Fu, Head of Psychological Health Center
Delivered psychological health lectures
Facilitated group activities about psychological health
Conducted the on-campus event "Psychological Movies Appreciate and Analyze" which used psychology theories to understand the movie & discussed psychological issues via watching movies

2012-2013 **Intern Teacher**
Shanxi University Psychological Health Center (Taiyuan, Shanxi)
Supervisors: Xue Xu & Xiurui Zhang
Conducted intake interviews and wrote progress notes and reports
Facilitated group counseling for students and teachers
Designed and conducted the "Mind Game" of Shanxi University
Trained undergraduate students to facilitate group counseling

2010-2013 **Part-time Instructor**
Shanxi Zhiying Counseling Company (Taiyuan, Shanxi)

Supervisor: Xiaoguang Wang

Co-facilitated summer camp and training programs for typically developing adolescents

Designed and prepared curriculum

Recruited, interviewed and trained instructor candidates

Supervised program design and execution

2008-2010

Part-time Instructor

Shanxi Huijia Counseling Company (Taiyuan, Shanxi)

Supervisor: Chengjie Liu

Assisted full-time instructors with designing curriculum

Collected data with behavior observation and questionnaires to evaluate the training effectiveness

Wrote progress reports on trainees and provided feedback to parents

SERVICE

CONFERENCE PROPOSAL REVIEWS

Proposal Co-Reviewer, Society for Research in Child Development. 2020

Proposal Co-Reviewer, Society for Research in Child Development. 2018

CO-PEER REVIEW EXPERIENCE

Parenting: Science and Practice, 2018

Journal of Family Psychology, 2018

Cultural Diversity and Ethnic Minority Psychology, 2018

PROFESSIONAL MEMBERSHIPS

2017-Present Society for Research on Adolescence

2017-Present Society for Research on Child Development

2017-Present SRCD Asian Caucus

2016-Present Association for Psychological Science

PROFESSIONAL SERVICE

2019-2021

Graduate Student Representative

SRCD International Scholars Network Subcommittee

UNIVERSITY SERVICE

2020 Volunteer HDFS graduate students recruitment weekend
University of Connecticut

2019 Volunteer HDFS graduate students recruitment weekend
University of Connecticut

2018 Volunteer HDFS graduate students recruitment weekend
University of Connecticut

COMMUNITY SERVICE

2018	Volunteer	Council on Family Relations International Family Day <i>UConn (UCCFR)</i>
2016	Receptionist	Hsi Lai Temple Information Desk <i>Hacienda Height, CA</i>
2010	Counselor	Women's Camp <i>Taiyuan, Shanxi</i>