

# ANTONIA CABA

University of Connecticut  
Department of Human Development and Family Sciences  
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## EDUCATION

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University of Connecticut Anticipated August 2024  
Doctoral Candidate, Human Development and Family Sciences  
Area of Specialization: Health, Wellbeing, and Prevention  
Major Advisor: Ryan Watson

Yale School of Public Health 2020  
M.P.H., Social and Behavioral Sciences  
Thesis: *Associations between campus bathroom use and mental health among gender minority and cisgender students*  
Advisor: John Pachankis

Miami University 2018  
B.S., Kinesiology and Health  
Major: Public Health | Minor: Women's, Gender, and Sexuality Studies  
*Summa Cum Laude* | University Honors with Distinction  
Advisor: Rose Marie Ward

## RESEARCH AND PROFESSIONAL EXPERIENCE

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**Graduate Research Assistant, SHINE Lab** 2020-present  
University of Connecticut, Department of Human Development and Family Sciences

- Led recruitment for a year-long longitudinal study on the sexual health of Black and Latinx men with 95% retention
- Conducted recruitment and data cleaning for a national study on LGBTQ+ youth ( $N = 17,000$ )
- Prepared manuscripts for publication through data analysis and writing in collaboration with scholars across career levels

**Summer Scholar Fellow** 2023  
Search Institute, Minneapolis, MN

- Analyzed secondary data on bias-based experiences to prepare a practitioner-facing research output

**Summer Intern in Public Health** 2022  
NORC at the University of Chicago, Chicago, IL

- Created SAS programs and data visualizations for data quality assessments on the National Immunization Survey project
- Examined longitudinal data on employee performance and presented weekly findings in a cross-functional team setting

- Collaborated with an interdisciplinary research team to design and conduct a study on best practices in research using video streaming platforms

**Graduate Affiliate**

2020-2021

University of Connecticut, Center for Applied Research in Human Development

- Co-led a strategic planning process through development and analysis of a department-wide survey
- Created translational evaluation products documenting outcomes from Connecticut after-school programming

**Inclusive Design Research Fellow**

2019-2020

Yale School of Public Health, New Haven, CT and Joel Sanders Architect, New York, NY

- Designed and implemented a multi-site, mixed-methods study aimed at understanding how campus restroom design and access shape students' health and well-being
- Synthesized literature on restroom design and health to inform inclusive design standards

**Research Consultant**

2018-2019

A Place to Nourish Your Health, New Haven, CT

- Performed a qualitative community needs assessment to understand the behavioral health needs of New Haven's LGBTQ+ population

**Knowledge Equity Associate**

2018-2019

Tsai Center for Innovative Thinking at Yale, New Haven, CT

- Conducted secondary research to inform articles and reports on topics such as the role of agency in disclosure of lived experience and knowledge equity in pedagogy

**Advancement Intern**

2017-2018

Illinois Caucus for Adolescent Health, Chicago, IL

- Conducted secondary population health research on the sexual health of minoritized Chicago youth to support grant applications

**SCHOLARLY PUBLICATIONS**

**Peer-reviewed publications**

**Caba, A. E.**, Mallory, A. B., Simon, K. A., Renley, B. M., Rathus T. & Watson, R. J. (*in press*). Associations between outness and alcohol use among sexual and gender minority adolescents. *Behavioral Medicine*. <http://dx.doi.org/10.1080/08964289.2023.2190078>

**Caba, A. E.**, Mallory, A. B., Simon, K. A., Rathus, T., & Watson, R. J. (2022). Complex outness patterns among sexual minority youth: A latent class analysis. *Journal of Youth and Adolescence*, 51, 746-765. <https://doi.org/10.1007/s10964-022-01580-x>

**Caba, A. E.**, Rathus, T., Burson, E., Eaton, L. A., Chan, P. A., & Watson, R. J. (2022). Who is using PrEP on-demand? Differences in PrEP method among Black and Hispanic/Latino emerging adults. *AIDS and Behavior*, 26, 3411-3421. <https://doi.org/10.1007/s10461-022-03684-8>

Renley, B. M., Simon, K. A., Burson, E., **Caba, A. E.**, & Watson, R. J. (2022). Youth-specific LGBTQ+ state-level policies' associations with pronoun, name, and bathroom use among gender minority youth in a

national sample. *Journal of Youth and Adolescence*, 51, 780-791. <https://doi.org/10.1007/s10964-022-01582-9>

- Watson, R. J., Morgan, E., Sherman, J., **Caba, A. E.**, Wheldon, C. W., Chan, P. A., & Eaton, L. A. (2023). Pre-exposure prophylaxis (PrEP) use, anticipated PrEP stigma, and bisexual identity among a Black and Hispanic/Latino sexual and gender diverse sample. *Behavioral Medicine*, 49(3), 283-291. <https://doi.org/10.1080/08964289.2022.2048249>
- Morgan, E., **Caba, A. E.**, Eaton, L. A., & Watson, R. J. (2022). PrEP access affected by COVID-19 is associated with increased risk of HIV seroconversion. *Journal of Acquired Immune Deficiency Syndromes*, 91(2), 138-143. <https://doi:10.1097/QAI.0000000000003036>
- Watson, R. J., **Caba, A. E.**, Layland, E., Simon, K., Morgan, E., Edelman, E. J., Chan, P. A., & Eaton, L. (*in press*). Co-occurring mental health and drug use experiences among Black and Hispanic/Latino sexual minority men and gender diverse individuals. *Journal of Behavioral Medicine*. <https://doi.org/10.1007/s10865-023-00433-7>
- Watson, R. J., **Caba, A. E.**, Lawrence, S. E., Renley, B. M., McCauley, P. S., Wheldon, C. W., Eaton, L. A., Russell, S. T., & Eisenberg, M. E. (*in press*). Examining health and bullying concerns at the intersection of sexuality, gender, race, and ethnicity among a national sample of LGBTQ+ youth. *LGBT Health*.
- Watson, R. J., Chang, C., Feinstein, B., Moody, R., **Caba, A. E.**, & Eaton, L. A. (2022). PrEP stigma and barriers remain significant challenges in curtailing HIV among Black and Hispanic/Latino men and transgender women in the U.S. *AIDS Care*, 34(11), 1465-1472. <https://doi.org/10.1080/09540121.2022.2098908>
- Watson, R. J., Fish, J. N., Menary, W., **Caba, A. E.**, Cunningham, C. & Eaton, L. (2021). LGBTQ-focused state policies: A lever for reducing LGBTQ substance use. *Drug and Alcohol Dependence*, 221, 108659. <https://doi.org/10.1016/j.drugalcdep.2021.108659>

### **Manuscripts submitted for publication**

- Bishop, M. D., **Caba, A. E.**, Fish, J. N., & Watson, R. J. (*under review*). Sociodemographic characteristics of chest binding in a national sample of sexual and gender minority youth.
- Burson, E., Renley, B. M., Layland, E. K., Rathus, T., **Caba, A. E.**, Simon, K. A., Eaton, L. A., & Watson, R. J. (*under review*). The effects of state-level structural stigma on sexual and gender minority youth mental health.
- Caba, A. E.**, Christophe, N. K., Renley, B. M., Simon, K. A., Feinstein, B. A., Watson, R. J. (*revise & resubmit*). Measurement Invariance of the LGB-POC microaggressions scale in a sample of sexual and gender minority youth.
- Caba, A. E.**, Fish, J. N., Wheldon, C. W., & Watson, R. J. (*revise & resubmit*). Stigma, school, and family factors related to LGBTQ youth polysubstance use.
- deMayo, R., Olezeski, C., Watson, R., Brimacombe, M., **Caba, A.**, & Santos, M. (*under review*). Healthcare utilization and geographic variation among transgender and gender diverse youth.
- Hanna-Walker, V., **Caba, A. E.**, Simon, K. A., Lefkowitz, E. S., & Watson, R. J. (*revise & resubmit, resubmitted 6/23*). Identity outness among gender diverse sexual minority youth: A latent profile analysis.
- McCauley, P. S., Shuler, S., Del Farno, A., **Caba, A. E.**, Renley, B. M., Watson, R. J., & Eaton, L. A. (*revise & resubmit*). Stress of being outed to parents and depressive symptoms among sexual and gender diverse youth: Significant impacts from LGBTQ family acceptance.

- McCauley, P. M., Morgan, E., **Caba, A. E.**, Renley, B. M., Eaton, L. A., & Watson, R. J. (*under review*). Perceptions of HIV prevention, happiness with social support, and anticipated PrEP stigma among Black and Latine sexual and gender diverse individuals.
- Rathus, T., Simon, K. A., **Caba, A. E.**, Renley, B. M., & Watson, R. J. (*under review*). Exploring SGDY-related school experiences and lifetime substance use among gender diverse youth.
- Renley, B. M., Salafia, C., Simon, K. A., **Caba, A. E.**, Eaton, L. A. & Watson, R. J. (*under review*). Disability and multimorbidity in gender minority youth: Associations with family social support and identity disclosure.
- Simon, K. A., **Caba, A. E.**, Renley, B. M., Eaton, L. A., & Watson, R. J. (*under review*). Evidence of differences gender-affirming school experiences in a diverse sample of transgender youth.

### **Manuscripts in progress**

- Caba, A. E.**, Hanna-Walker, V. R., Walters, T. L., & Lefkowitz, E. S. (*in progress*). Factors that facilitate LGBTQ+ young adults' changes in identity expression in the transition to college.
- Caba, A. E.** & Watson, R. J. (*in progress*). Sociodemographic characteristics of internet use for identity exploration among LGBTQ+ youth.
- Caba, A. E.** & Watson, R. J. (*in progress*). The role of social media use and outness in shaping LGBTQ+ youths' positive identity development.
- Caba, A. E.** & Watson, R. J. (*in progress*). Examining moderators and indirect effects of the relationship between cyberbullying and mental health among sexual and gender diverse youth.

### **Refereed chapters in edited books and encyclopedias**

- Caba, A. E.**, Fish, J. N., & Watson, R. J. (in press). Substance use among LGBTQ youth. In A. Goldberg (Ed.), *The SAGE Encyclopedia of LGBTQ Studies*. Thousand Oaks, CA: Sage.

### **Other publications**

- Caba, A. E.** (2023, September 2). Supporting LGBTQ+ students: Four strategies to increase inclusivity. *Search Institute*. <https://blog.searchinstitute.org/supporting-lgbtq-students-four-strategies-to-increase-inclusivity>

### **PRESENTATIONS**

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- Caba, A. E.**, Christophe, N. K., Renley, B. M., Simon, K. A., Feinstein, B. A., & Watson, R. J. (2023, April). Measurement invariance of the LGBT People of Color Microaggressions Scale in a sample of sexual and gender minority youth of color. Flash talk to be presented at the Society for Research on Adolescence, San Diego, CA.
- Hanna-Walker, V., **Caba, E. A.**, Simon, K. A., Renley, B. M., Lefkowitz, E. S., & Watson, R. J. (2023, April). *Identity outness to family among gender diverse sexual minority youth: A latent profile analysis*. Poster to be presented at the Society of Research on Adolescence, San Diego, CA.
- Simon, K. A., **Caba, A. E.**, Renley, B. M., Eaton, L. A., & Watson, R. J. (2023, April). *Evidence of differences in gender-affirming school experiences in a diverse sample of transgender youth*. Flash talk to be presented at the 2023 Society for Research on Adolescence Annual Conference, San Diego, CA.
- Renley, B. M., Salafia, C., Simon, K. A., **Caba, A. E.**, Argenyi, M. S., Eaton, L., Watson, R. J. (2023, April). *Family support, identity disclosure, and stress among gender minority youth living with disabilities*. Poster to be presented at the Society for Research on Adolescence, San Diego, CA.

- Mallory, A. B., **Caba, A. E.**, & Watson, R. J. (2023, March). *Minority stress, depression, and disclosure among sexual and gender diverse adolescents: A latent class analysis*. Flash talk to be presented at Society for Research in Child Development, Salt Lake City, UT.
- Aguirre, J., Ashner, M., Bohannon, A., **Caba, A.**, Fisher, M., Milner, C., Phillips, A., & Yu, Y. (2022, November). *Streaming Live: An Illustration of Public Opinion Research using Twitch.tv*. Paper presented at the Midwest Association for Public Opinion Research, Chicago, Illinois.
- Simon, K. A., Ross, C., Rathus, T., **Caba, A. E.**, Renley, B., Eaton, L. A., & Watson, R. J. (2022, November). *"I didn't have anyone to turn to: Sexual education and behavior among LGBTQ+ youth with adoptive or kinship caregivers*. Paper presented as part of the "Adoption, Gender, and Sexuality: Shedding Light on Complex Issues in Adoption" Symposium at the 2022 NCFR Annual Conference, Minneapolis, MN.
- Watson, R.J., Hirshfield, S., Morgan, E., Sherman, J., **Caba, A. E.**, Wheldon, C. W., Chan, P. A., & Eaton, L. A. (2022, July). *PrEP experiences and stigma among bisexual racially and ethnically diverse men*. Poster presented at the International Academy of Sex Research, Iceland.
- Caba, A. E.**, Rathus, T., Burson, E., Chan, P. A., Eaton, L. A., & Watson, R. J. (2022, June). *Determinants of on-demand versus daily pre-exposure prophylaxis use among Black and Hispanic/Latino emerging adults*. Paper presented at the Society for Prevention Research, Seattle, WA.
- Watson, R. J., Simon, K. A., **Caba, A. E.**, Renley, B. M., Eaton, L. A. (2022, May). *Gender-affirming school experiences among transgender/non-binary youth in the United States*. Paper presented at the Society for Research on Child Development Construction of the Other Conference, Puerto Rico, US.
- Lefkowitz, E. S., **Caba, A. E.**, Hanna-Walker, V., Lindsay, S., & Watson, R. J. (2022, March). *Correlates of sexual orientation and gender identity disclosure to parents among LGBTQ+ college students*. Poster presented at the Society for Research on Adolescence, New Orleans, LA.
- Rathus, T., **Caba, A. E.**, Renley, B., & Watson, R. J. (2022, March). *Exploring school social transition factors and lifetime marijuana use among transgender adolescents*. Poster presented at the Society for Research on Adolescence, New Orleans, LA.
- Caba, A. E.**, Burson, E., Rathus, T., Eaton, L. A., Watson, R. J. (2021, June). *Changes in PrEP use among Black and Latinx MSM during COVID-19*. Poster presented at the Society for Prevention Research Conference, virtual.
- Caba, A. E.**, Mallory, A. M, Simon, K. A., Rathus, T., Watson, R. J. (2021, May). *Complex outness patterns among sexual and gender minority youth: A latent class analysis*. Poster presented at the National LGBTQ Health Conference, virtual.
- Frank, M., Graf, E., Susana-Castillo, S., Lubetkin, H., DeRosier, C., Wang, E., Humphries, D. L., & **Caba, A. E.** (2020, October). *Improving recruitment and retention of highly marginalized populations in medication assisted treatment (MAT) programming*. Poster presented at the American Public Health Association conference, virtual.
- Caba, A. E.** (2019, September). *Inclusive bathroom design and trans health*. Oral presentation at the Sexual and Reproductive Health Seminar Series at Yale School of Public Health, New Haven, CT.
- Caba, A. E.**, & Ward, R. M. (2018, April). *Sexual and menstrual attitudes as predictors of hookup behavior and attitudes among undergraduate women*. Poster presentation at the 32nd National Conference on Undergraduate Research at the University of Central Oklahoma, Edmond, OK.
- Caba, A. E.**, & Ward, R. M. (2017, April). *Exploring the relationship between body image and alcohol consumption among sorority members and non-members*. Poster presentation at the 31st National Conference on Undergraduate Research at the University of Memphis, Memphis, TN.

## **RESEARCH FUNDING**

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HDFS Internal Collaboration Grant, University of Connecticut (\$4000)	2022
Research and Professional Development Award, Yale School of Public Health (\$500)	2019

## **AWARDS AND HONORS**

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Conference Participation Award, University of Connecticut (\$750)	2023
Early Career Preventionists Network Travel Award, Society for Prevention Research (\$300)	2022
Jorgensen Fellowship, University of Connecticut (\$80,000 over 4 years)	2020
Internships in Social Entrepreneurship, InnovateHealth Yale (\$2,000)	2019, 2020
Summer Internship Award, Yale School of Public Health (\$1,500)	2019
Horstmann Merit Scholarship, Yale School of Public Health (\$24,000)	2018
Student Research Travel Fund, Miami University (\$200)	2018
Honors Program Scholarly Activities Grant, Miami University (\$600)	2017, 2018
Undergraduate Presentation Award, Miami University (\$200)	2017, 2018
President's Distinguished Service Award, Miami University	2018
Employee Service Leadership Award, Miami University	2018
Senior Service Leadership Award, Miami University	2018
Urban Leadership Internship Program, Miami University (\$5,000)	2017
President's Volunteer Service Award, Corporation for National and Community Service	2017
Redhawk Excellence Scholarship, Miami University (\$111,120 over 4 years)	2014
University Academic Scholars Award, Miami University (\$8,000 over 4 years)	2014

## **TEACHING EXPERIENCE AND GUEST LECTURES**

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### **University of Connecticut**

Instructor of Record, Comparative Family Policy	Fall and Spring 2023
Teaching Practicum, <i>Close Relationships Across the Lifespan</i>	Fall 2021
Guest lectures: "Stresses and strains in close relationships" and "Friendship across the lifespan"	

### **Yale University**

Head Teaching Fellow, <i>Practice-Based Community Health Research</i>	Fall 2019 – Spring 2020
Teaching Fellow, <i>Social Justice and Health Equity</i>	Fall 2019

### **Miami University**

Undergraduate Teaching Associate, <i>Health Psychology</i>	Spring 2018
Miami University Department of Kinesiology and Health	

### **Interdisciplinary research in public health and architecture**

Guest lecture for <i>Graduate Inclusive Design</i> seminar at University at Buffalo	2021
Guest lecture for <i>Body Politics</i> graduate seminar at Yale School of Architecture	2020
Guest lecture for <i>Design Research I: Cross Disciplinary Perspectives</i> graduate seminar at Yale School of Architecture	2019

## **PROFESSIONAL SERVICE**

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**Ad Hoc Reviewer**

*AIDS and Behavior, American Journal of Orthopsychiatry, American Public Health Association Annual Meeting abstract reviewer, Journal of HIV/AIDS and Social Services, Journal of Research on Adolescence, Journal of Sex Research, Sexuality Research and Social Policy*

**Professional Memberships**

American Public Health Association	2018-
Society for Prevention Research	2021-
Society for Research on Adolescence	2023-

**University of Connecticut**

Bias Action Group Member, University of Connecticut Office for Diversity and Inclusion	2022-
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**Yale University**

Student Representative, Social and Behavioral Sciences Faculty Search Committee	2019
Student Admissions Ambassador, Yale School of Public Health	2019
Sessions Committee Member, Yale Women's Mental Health Conference	2018-2019
Sexual Health Educator, HAVEN Free Clinic	2018-2019

**Miami University**

Program Coordinator, Honors Student Mentorship Program	2016-2018
Hospital Advocate, Women Helping Women	2016-2018