

ANNE E. BERSET

University of Connecticut
Department of Human Development and Family Sciences
anne.berset@uconn.edu

EDUCATION

University of Connecticut Expected 2028

Doctoral Student, Human Development and Family Sciences

Area of Specialization: Child and Adolescent Development

Major Advisor: Preston Britner, PhD

University of Denver 2020

B.A., Psychology & English | Minor: Philosophy

Magna Cum Laude | *Phi Beta Kappa* / Departmental Honors in Psychology

Advisor: Sarah Enos Watamura, PhD

RESEARCH AND PROFESSIONAL EXPERIENCE

Graduate Research Assistant 08/2023 – Present

University of Connecticut, Department of Human Development and Family Sciences

Project Title: *Addressing Inequities for Immigrant Families: Promoting Child and Parent Well-being through Social Policies and Services*

PIs: Kevin Ferreira van Leer, PhD; Caitlin Lombardi, PhD

- Using inductive coding - grounded theory, assist with analyzing qualitative data from focus group interviews.
- Prepare written summaries and presentations related to analysis and findings.

Graduate Research Assistant 08/2023 – Present

University of Connecticut, Department of Human Development and Family Sciences

Project Title: *A Mind-Body Intervention to Reduce Distress and Promote Wellbeing in LGBTQ+ College Students*

PIs: Beth Russell, PhD

- Conceptualize materials and record 8 podcast sessions for control health education group about materials pertaining to the LGBTQIA+, including sexual health, substance use and harm reduction, and activism and advocacy work.
- Collaborate with yoga instructor to ensure intervention yoga sessions are mindful of the LGBTQIA+ population by using a trauma-informed lens.
- Develop and manage REDCap project for collecting baseline data, distributing intervention materials, and contacting participants.

Clinical Research Coordinator III 09/2020 – 08/2023

Cincinnati Children's Hospital Medical Center, General & Community Pediatrics

IRB Title: *Redesigning Outreach Post-COVID-19 in Academic Pediatric Primary Care*

PIs: William Brinkman, MD; Mary Carol Burkhardt, MD

Funded by CCTST (2UL1TR001425-05A1)

- Manage series of randomized control trials with <3500 patients aged 11 months old, 3-5 years, and 6-17 years examining the effect of varied outreach methods on the scheduling and completion of well-child checks and immunizations of children.
- Responsible for the following:
 - Identifying eligible patients based on electronic health records (EHR).
 - Verify appointment scheduling and completion of well-child checks from EHR. – Train and oversee three Medical Assistants and Administrative Assistants from Primary Care locations.
 - Oversee data collection, data entry, and analyses.
- Manage ClinicalTrials.gov records.
- Maintain regulatory affairs and implement necessary changes to ensure compliance with the Institutional Review Board.

Clinical Research Coordinator III

07/2020 – 08/2023

Cincinnati Children’s Hospital Medical Center, General & Community Pediatrics

IRB Title: *Randomized Controlled Trial of Web Based Tools to Improve Medication Continuity in Adolescents with ADHD*

PIs: William Brinkman, MD

Funded by NIMH (R34MH112648)

- Lead recruitment efforts of adolescents aged 11-15 years with a diagnosis of ADHD and low medication continuity.
- Responsible for the following:
 - Verifying participant eligibility by obtaining pharmacy records and calculating medication continuity.
 - Obtaining consent and assent from participating families.
 - Oversee data collection, data entry, and analyses.
- Manage NIMH Data Archive and ClinicalTrials.gov records.

Clinical Research Coordinator III

04/2021 – 08/2023

Cincinnati Children’s Hospital Medical Center, General & Community Pediatrics

IRB Title: *Return of eMERGE III Genomic Results*

PIs: Melanie Myers, PhD; William Brinkman, MD

Funded by NHGRI (R01HG010166)

- Trial examining parent and adolescent choices and preference for learning genomic test results.
- Develop research proposal for secondary data analysis to examine the association between parent and adolescent discordance of genomic tests results with the Decision Making Involvement Scale (DMIS).
- Conduct bivariate correlations and multivariate linear regressions in SPSS.

Clinical Research Coordinator III

08/2021 – 10/2021

Cincinnati Children’s Hospital Medical Center, General & Community Pediatrics

IRB Title: *Achieving Pediatric Health Equity by Responding to Identified Sociomedical risks with Effective United Purpose*

PI: Andrew Beck, MD

- Developed and wrote study protocol in anticipation for project receiving funding from NIMH.

Undergraduate Honors Thesis

08/2019 – 06/2020

University of Denver, Department of Psychology

Project Title: *Formal and Informal Support: Moderating Adverse Childhood Experiences and Mental Health*

Primary Mentors: Sarah Enos Watamura, PhD; Elly Miles, PhD

- Completed secondary data analysis examining how social support moderates the relationship between childhood adversity and mental health in caregivers using data from the Buffering Environmental Stress Together (BEST) project.
- Conducted data analysis using t-tests, 2x2 ANOVAs, and multiple linear regressions.
- Completed manuscript and submitted for honors requirement.

Research Assistant

01/2019 – 06/2020

University of Denver, Department of Psychology

IRB Title: *Buffering Environmental Stress Together, Family and Child Care Buffering Study*

PI: Sarah Enos Watamura, PhD

- Coded and scored survey measures including the Brief Infant-Toddler Social and Emotional Assessment (BITSEA), Child Behavior Checklist (CBCL), and Teacher Report Form.
- Edited grant applications and conducted literature reviews, as needed, for lab-related projects.

Research Assistant

01/2019 – 06/2020

University of Denver, Department of Psychology

IRB Title: *Identifying Risk and Protective Factors for Refugee Children*

PIs: Elly Miles, PhD; Sarah Enos Watamura, PhD

- Formatted survey questions on REDCap to include the Adverse Childhood Experiences (ACEs), Parenting Sense of Competence (PSOC), Benevolent Childhood Experiences (BCEs), Brief Infant-Toddler Social and Emotional Assessment (BITSEA), Trauma Assessment Questionnaire, and the Refugee Integration Survey using complex branching logic.

Principal Investigator

06/2019 – 10/2019

University of Denver, Department of Psychology

IRB Title: *Efficacy of a Community-Based Parenting Program for Families Experiencing Chronic Adversity*

Primary Mentor: Sarah Enos Watamura, PhD

Funded by Partners in Scholarship (PINS) Summer Research Grant, \$3500

- Examined changes in parenting sense of competence and anxiety symptoms among participants in Seedlings©, a parent psychoeducational program to help manage stress and trauma.
- Completed data analysis for poster submission.

Co-Principal Investigator

01/2019 – 06/2019

University of Denver, Department of Psychology

IRB Title: *Seedlings© Strengths and Needs Assessment*

Primary Mentor: Sarah Enos Watamura, PhD

Funded by Grand Challenges Advancing Community-Engaged (ACE) Grant, \$5000

- Conducted qualitative assessment of Seedlings©, a parent psychoeducational program

- designed to help parents manage stress and trauma.
- Completed semi-structured interviews with county leaders, instructors, and parents in three counties in Colorado.
- Transcribed interviews and coded content using grounded theory to yield major themes.
- Disseminated findings to community leaders and partnered with them to adapt the program to best serve the varied needs and demographics of each new county.

SCHOLARLY PUBLICATIONS

- Berset AE**, Burkhardt MC, Xu Y, Mescher A, Brinkman WB. Effect of Automated and Personalized Outreach Messages on Well Child Visit Catch Up: A Randomized Clinical Trial. 2023 [under review].
- Berset AE**, Myers MF, Prows CA, Brinkman WB. Adolescent Decision-Making Involvement in the Receipt of Genomic Testing Results. *The Journal of Pediatrics*. 2023;259:113492. <https://doi.org/10.1016/j.jpeds.2023.113492>
- Berset AE**, Burkhardt MC, Xu Y, Mescher A, Brinkman WB. Effect of Electronic Outreach Using Patient Portal Messages on Well Child Care Visit Completion: A Randomized Clinical Trial. *JAMA Netw Open*. 2022;5(11):e2242853. doi:10.1001/jamanetworkopen.2022.42853
- Berset AE**, Epstein JN, Hommel KA, Brinkman WB. Examining the Unified Theory of Behavior Change Constructs Among Adolescents taking ADHD Medicine: A longitudinal study. *Academic Pediatrics*. 2023;23(4):762-772. <https://doi.org/10.1016/j.acap.2022.09.021>
- Burkhardt MC, **Berset AE**, Xu Y, Mescher A, Brinkman WB. Effect of Outreach Reminders for Adolescent Well Child Visits and COVID-19 Vaccination Rates: A Randomized Clinical Trial. *Journal of Pediatrics*. 2023;253:158-164. <https://doi.org/10.1016/j.jpeds.2022.09.035>
- Hamik EM, **Berset AE**, Beal SJ. Adaptation of the Chicago Parent Program for Kinship and Foster Caregivers: A Qualitative Study. 2022 [under review].

PRESENTATIONS

- Berset AE**, Burkhardt MC, Xu Y, Mescher A, Brinkman WB. (2023, April 30). Effect of Automated and Personalized Outreach Messages on Well Child Visit Catch Up: A Randomized Clinical Trial [Oral abstract presentation]. Pediatric Academic Society Meeting, Washington, D.C.
- Berset AE**, Burkhardt MC, Mescher A. (2022, April 27). *Effect of Patient Portal Outreach Messages on Well Child Care Visit Catch Up: A Randomized Clinical Trial* [Invited presentation]. CCHMC Primary Care Improvement Meeting, Cincinnati, OH.
- Berset AE**, Burkhardt MC, Xu Y, Mescher A, Brinkman WB. (2022, April 24). *Effect of Patient Portal Outreach Messages on Well Child Care Visit Catch Up: A Randomized Clinical Trial* [Oral abstract presentation]. Pediatric Academic Society Meeting, Denver, CO. <https://cdmcd.co/bYb6gj>
- Burkhardt MC, **Berset AE**, Xu Y, Mescher A, Brinkman WB. (2022, April 24). *Effect of Outreach Reminders for Adolescent Well Child Visits and COVID-19 Vaccination Rates: A Randomized Clinical Trial* [Oral abstract presentation]. Pediatric Academic Society Meeting, Denver, CO. <https://cdmcd.co/WkLjRv>
- Berset AE**. (2021, November 2). *meHealth for ADHD: Education for new and existing meHealth accounts* [Invited presentation]. CCHMC Pediatric Primary Care Center, Cincinnati, OH.
- Berset AE**, Epstein JN, Hommel KA, Brinkman WB. (2021, May 26). *Unified Theory of Behavior Change Constructs Among Adolescents Taking Medicine for ADHD* [Poster presentation]. Association of Psychological Science Convention, Virtual. https://www.psychologicalscience.org/redesign/wp-content/uploads/2021/05/APS_2021_Virtual_Convention_interactive.pdf
- Berset AE**, Epstein JN, Hommel KA, Brinkman WB. (2021, April 30) *What factors are related to teen*

intention to take ADHD medicine? [Poster presentation]. Pediatric Academic Society Meeting, Virtual. <https://cdmcd.co/ybKbyg>

Berset AE, Miles E, Watamura SE. (2020, April). *Formal and informal support: Moderating adverse childhood experiences and mental health* [Poster presentation]. Rocky Mountain Psychological Association Convention, Denver, CO. (Conference canceled).

Berset AE, Miles E, Watamura SE. (2020, May). *Formal and informal support: Moderating adverse childhood experiences and mental health* [Poster presentation]. University of Denver Research Symposium, Denver, CO.

Berset AE, Miles E, Watamura SE. (2020, May). *Formal and informal support: Moderating adverse childhood experiences and mental health* [Oral presentation]. Psychology Senior Honors Distinction Program, Denver, CO.

Berset AE, Basu B, Watamura SE, Phu T. (2019). *Seedlings© needs and assessment* [Poster presentation] University of Denver Research Symposium, Denver, CO.

RESEARCH FUNDING

Partners in Scholarship (PINS) Grant, University of Denver (\$3500)	2019
Advancing Community-Engaged (ACE) Grant, University of Denver (\$5000)	2019

AWARDS AND HONORS

Jorgensen Fellowship, University of Connecticut (\$100,000 over 5 years)	2023
Departmental Honors in Psychology, University of Denver	2020
Student Scholar Travel Fund, University of Denver	2020
Member of Psi Chi	2019 - Present
Member of Mortar Board Honor Society	2019
Member of Phi Beta Kappa Honor Society	2019
Bernard Spilka Scholarship, University of Denver (\$6500)	2019
Cherrington Global Scholars Award, University of Denver	2019
Pike's Peak Scholarship, University of Denver	2017 - 2020
Dean's List, University of Denver	2016 - 2020

TEACHING EXPERIENCE

Psychology & Writing Tutor 08/2019 – 06/2020

University of Denver, Learning and Effectiveness Program (LEP)

- Tutored undergraduate and graduate students with neurodevelopmental disabilities such as ADHD, Autism, and Dyslexia.
- Completed recurring one-on-one sessions to provide tutoring on course comprehension, exam preparation, and writing development. Served as a mentor for students and assisted with professional development.
- Tutored the following Psychology courses: Intro to Psychology, Child and Lifespan Development, Abnormal Psychology, Social Psychology, Intro to Cognitive Neuroscience, Statistics, Research Methods, Child Psychopathology, and Adolescence.

LEADERSHIP POSITIONS

Peer Mentor

General & Community Pediatrics 11/2021 – 08/2023
Cincinnati Children's Hospital Medical Center

- Act as a peer mentor for Clinical Research Coordinators in the General and Community Pediatrics Research division.

- Hold weekly one-on-one meetings with CRCs to provide guidance on NIMH and NIH funded studies.
- Assist with regulatory duties with the IRB, participant recruitment and enrolment, study visits, and working with study team.
- Onboard and train new Clinical Research Coordinators by reviewing institutional policies and procedures and answering study related questions.

Vice President

05/2019 – 06/2020

Mortar Board Honor Society

University of Denver

- National Honor Society recognizing college seniors for scholarship, leadership, and service work.
- Responsible for delegating tasks to board members, coordinating monthly meetings, and collaborating with the President of Mortar Board to organize service events.

Co-Chair

09/2017 – 06/2020

Service and Change Club

University of Denver

- Student-run organization that brought students together to engage with the community and organize service events.
- Collaborated with community partners, including the Ronald McDonald House, Autism Climbs, and the Humane Society, to lead 10-15 students on monthly volunteer service events.
- Assisted with coordinating weekly board meetings and monthly community meetings to plan activities, including collecting blankets to donate to Homeless Shelters and putting together care packages for Women's Shelters.